

# REBOOT+

reset your gut-brain axis  
with this 3-day system\*

3-DAY  
PROGRAM

NATURAL  
CLEANSING\*

REMOVES  
WASTE &  
TOXINS\*

Your body processes an immense amount of information every day. Hundreds of thousands of neurotransmitters are constantly emitting millions of internal messages and signals between your gut and brain. Conversely, your brain and gut are also continually exposed to chemicals, pathogens and oxidative stress that can impact how effectively you process these internal messages. These external influencers can add a tremendous load to your gut-brain communication pathways and cause it to become sluggish.

Occasionally, it is essential to “reboot” our body – particularly our gut and endocrine organs – in order to improve the formation of neurotransmitters and the communication along the gut-brain axis.

Amare’s **Reboot+** is the first and only 3-day “scientific reboot” program designed to reset your gut-brain axis. It sets a healthy, clean foundation for your microbiome so you can obtain optimal results with the world’s first award-winning gut-brain axis nutrition system - the **Amare FundaMentals Pack**.

**Reboot+** is formulated with patented and plant-based ingredients to support the natural cleansing and filtering of your colon, kidneys and liver. When combined with our recommended meal plan, your body will be rebooted and ready for optimal functionality in 3 days!\*

Begin by resetting your system with **Reboot+** and follow up with the **Amare FundaMentals Pack** for exceptional overall wellness.\*



**A synergistic blend of natural cleansing herbs and phytonutrients to assist the body’s own detoxification process - specifically formulated to reboot your gut-brain axis in 3-days.\***

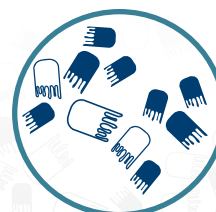
- 1 Prepares the body’s gut microbiome for optimized mental wellness\*
- 2 Provides a natural cleanse and supports a healthy digestive system\*
- 3 Helps to remove built-up waste and toxins from the body\*
- 4 Supports natural cleansing and filtering functions of the liver, kidneys, and colon\*
- 5 Partners with and optimizes the body’s natural detoxification process\*

Item Code:	S004
Retail Price:	\$34.00
Wholesale Price:	\$24.95 / 21 PV
Subscribe & Save:	\$21.95 / 19 PV

## WHAT IS THIS LABEL PATTERN?

### INTESTINAL EPITHELIAL CELLS

Cells that combine to create a tissue layer that lines the small and large intestines of the gastrointestinal tract. Waste and toxins can build up in the digestive tract and may require a safe and natural cleanse to reboot the system.



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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# SCIENCE & INFORMATION

# REBOOT+

## Dietary Suggestions

During your reboot, make sure to drink plenty of water:

Body Weight (lbs)	100	120	140	160	180	200	220	240	260+
Water (oz)	64	72	80	88	96	104	112	120	128

**DON'T CHUG!** Space out your water intake throughout the day.

## ENJOY! Reboot Boosters

**Booster Vegetables:** broccoli, cauliflower, kale, cabbage, brussels sprouts, red and green lettuce, romaine, spinach, endives, artichokes, dandelion greens, arugula, asparagus, beets, collard greens, celery, parsley, carrots, onions, yams/sweet potatoes, mushrooms, bok choy

**Booster Fruits:** apples, pears, raspberries, açai, blueberries, blackberries, grapefruits, kiwis, lemons, pomegranates, bananas, tomatoes

**Legumes:** lentils, peas, chickpeas/hummus, beans (except refried beans)

**Nuts and Seeds:** hemp, flax, pumpkin, & sunflower seeds, almonds, walnuts, cashews, nut butters (avoid peanuts)

**Booster Oils/Fats:** coconut oil, olive oil, avocados, coconut meat

**Herbal teas:** chamomile, mint, rooibos, ginger, dandelion root, hibiscus

**Milks:** almond, coconut, hemp or rice (all unsweetened)

## AVOID! Reboot Busters

### Alcohol and Caffeine

**Sweeteners:** sugar, foods with refined sugars (especially soda), cane sugar/juice, corn syrup, maple syrup, honey, artificial and/or added sweeteners (stevia is permitted)

**Processed Foods:** fast food, packaged food

**Dairy:** milk, cheese, cottage cheese, cream cheese, sour cream, yogurt, ice cream, butter

**All Animal Products:** meat, poultry, eggs, fish

**Soy Products:** tempeh, tofu, soy milk

**Buster Oils:** vegetable oil, canola oil, soybean oil, anything partially hydrogenated

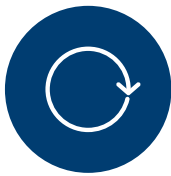
**Buster Fruits:** fruit juices, spreads/preserves with added sugar

**Grains:** rice, quinoa, wheat, oats, barley, pasta, bread, cereal, tortillas, oatmeal, granola

**Buster Vegetables:** potatoes, corn, creamed vegetables



**Prevents liver damage 2-3x better than other popular detox supplements\***



**Resets/reboots gut microbiome balance\***



**Partners with and optimizes the body's natural detoxification process\***

**Reboot+ is designed to prepare your body for optimized results from the Amare FundaMentals Pack\***

## KEY STUDIES

Morita T, Jinno K, Kawagishi H, Arimoto Y, Suganuma H, Inakuma T, et al. Hepatoprotective Effect of Myristicin from Nutmeg (*Myristica fragrans*) on Lipopolysaccharide / D-Galactosamine- Induced Liver Injury. J Agric Food Chem. 2003;51:1560-5.

Confidential Unigen Technical Development Tech Pack

**Directions:** Using the suggested Reboot+ dietary program, take 2 capsules with 8-oz of water on the following schedule:

- Day 1** – with dinner
- Day 2** – with breakfast, and dinner
- Day 3** – with breakfast, lunch, and dinner

Repeat the reboot as needed according to your lifestyle. Do not exceed more than 1 reboot per month.

For full details and meal program visit [www.Reboot-Plus.com](http://www.Reboot-Plus.com)



### SUPPLEMENT FACTS

Serving Size: 2 Capsules  
Servings Per Container: 6

Amount Per Serving	%DV
<b>Gut Support Proprietary Blend</b> 200mg †	
Senna ( <i>Cassia angustifolia</i> ) leaf, Aloe Vera ( <i>Aloe barbadensis</i> ) leaf, Yellow Dock ( <i>Rumex crispus</i> ) root extract, Burdock ( <i>Arctium lappa</i> ) root extract	
<b>Liver Support Proprietary Blend</b> 212.5mg †	
Artichoke ( <i>Cynara scolymus</i> ) leaf extract, Milk Thistle ( <i>Silybum marianum</i> ) extract, and Turmeric ( <i>Curcuma longa</i> ) root extract	
<b>Kidney Support Proprietary Blend</b> 162.5mg †	
Green Tea ( <i>Camellia sinensis</i> ) leaf extract, Dandelion ( <i>Taraxacum officinale</i> ) root, and Cayenne ( <i>Capiscum annuum</i> ) fruit	
<b>Whole Body Detox Proprietary Blend</b> 150mg †	
Sebutin™ [Nutmeg ( <i>Myristica fragrans</i> ) seed, Astragalus ( <i>Astragalus membranaceus</i> ) root, and Poria ( <i>Poria cocos</i> ) fruit]	

† Daily Value not established

**Other ingredients:** Plant-based capsule, Rice fiber, Rice flour, Rice Extract Blend  
**To access complete Reboot+ Dietary Program, please visit:**  
[www.Reboot-Plus.com](http://www.Reboot-Plus.com)

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